



Please describe what patients can expect when considering a Facelift:

During the initial consultation and examination, we first make certain the patient is in good health; next, we discuss their goals and expectations. By examining the position of the hairline, eyebrows, elasticity of the skin and the effects of aging on the eyes, mid-face and neck, along with facial structure, we can determine what area(s) of the face need a lift.

Facelift Answers

By: David M. Whiteman, MD, FRCS | Southern Plastic Surgery
www.southernplasticsurgery.com

Describe a Facelift procedure (Rhytidectomy):

Correcting the aging face typically requires addressing muscle and fat as well as skin. When performed for cosmetic reasons, a facelift reduces the signs of aging. The incision is hidden in an inconspicuous area, facial muscles are tightened and if necessary unwanted fat is removed. The procedure is followed by removing any excess skin, taking great care to ensure the skin tapers over the contours of the face naturally. The type of facelift performed will vary depending on the contribution of each of the structures. My surgical goal is to restore the triangular facial shape of youth versus the square shape of aging.

Please describe the different types of face lifts typically performed:

Upper, mid and lower face lifts are the three types of face

lifts. It is not always necessary to perform all three lifts. Many times, a patient will only need one of the three areas lifted, or may need a different type of procedure all together. For example, if a patient has hooding over their eyes and/or excess skin on the eyes, Eyelid Surgery (Blepharoplasty) may be more appropriate than an Upper face lift or Browlift. Liposuction of the neck and jowls may occasionally be more appropriate than a lower facelift.

How is a Mini-Facelift procedure different from a traditional facelift?

Because people are asking for quicker recovery times, many of the facelift procedures performed today are evolving toward more minimally invasive techniques with less scarring and a shorter duration. Many people refer to these as "mini-face lifts" or "rapid-recovery lifts." Although the duration of results is typically half the time as a traditional facelift, the advantages are lower costs and less downtime.

How long can I expect to be out of work after a face lift?

The recovery period for a face lift depends upon each individual and the extent of the face lift. However, the average person can expect to return to work within one week.

How much does a facelift cost?

The cost of a full facelift would include physician fees, operating room costs as well as anesthesia costs; totals can range anywhere from \$6,000-\$9,500 depending upon what areas of the face (upper, mid, lower) are being lifted and if other complimentary procedures are added.

What are the risks and side effects of a face lift?

Like all surgeries, there is always a small risk of infection; however, there is a low occurrence of this and other complications with a face lift. Homeopathic medicines, non-narcotic technology and less invasive techniques have allowed us to decrease the amount of temporary bruising and swelling caused from a face lift.

What other complimentary procedures can be performed with a face lift?

Non-surgical procedures such as Botox® injections used for frown lines and crow's feet (wrinkles around the eyes), facial filler injections to enhance the size of the lips or reduce fine lines and wrinkles can be used for areas that

aren't quite ready for a lift.

How long will my face lift last?

The duration of a face lift varies from person to person because of genetics, environmental issues such as the sun, social life, etc. However, most face lifts can last between 5-12 years.

Where will my facelift be performed?

I perform the vast majority of my face lifts in an outpatient setting. I use an award-winning facility (Gwinnett Medical Center) which has overnight stay if patients require it but few need it. The type of anesthetic will vary with the extent of the procedure.

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General Statistics:

According to the **American Society of Plastic Surgeons**, "almost a quarter (2,626,700) of cosmetic plastic surgery procedures were performed on ethnic patients in 2007."

- According to the American Society of Plastic Surgeons, "2,561,713 patients in the age group of 40-55+ received Botox® injections in 2007."

